



## Are your Employees Swinking®? (Not quite *swimming*, not quite *sinking*)

FOOW?'s tailored approach coupled with the *Myers Briggs Type Indicator (MBTI)* guides **Participants** to **Deconstruct** their **Swinking®** to determine... Is it *you*, the *job* or *both*?



### Participants will:

- ◆ **Identify Challenges**
- ◆ ***Develop New Perspectives***
- ◆ **Identify C.O.Ds (*Cycles of Discontent*)**
- ◆ ***Improve Decision Making***
- ◆ **Respond to Immediate Concerns**
- ◆ ***Identify Next Steps***



Our programs are designed to maximize your professional results in a setting that emphasizes personal responsibility, performance and insight.

### Personal Coaching & Workshop Options

#### Swinking or Achieving Job Satisfaction Coaching

- ◆ Initial FOOW? session w/MBTI
- ◆ 3 Situational Coaching sessions
- ◆ Optional: Anonymous 360° degree feedback process

#### Swinking or Achieving Job Satisfaction Workshop

- ◆ Tailored Session
- ◆ Optional: MBTI

Contact us at 703-777-3806 or [Corporateservices@foowater.com](mailto:Corporateservices@foowater.com)  
[www.foowater.com](http://www.foowater.com)