

**First Time Managers...are you feeling like
bait after being promoted?**

OR

Are your *Leadership* skills Swinking®?

Swinking®—not quite *swimming*, not quite *sinking*

FOOW? offers innovative ***Now What?*** Coaching for:

- ◆ **First Time Managers**
- ◆ **Swinking Managers®**
- ◆ **Managers struggling in their leadership role**

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FOOW?'s tailored approach coupled with the MBTI
(*Myers Briggs Type Indicator*) guides Managers to
Deconstruct their Leadership Style...

Identify Challenges ◇ *Improve Decision Making*

Enhance Self-Awareness ◇ *Develop New Perspectives*

Respond to Immediate Concerns ◇ *Identify Next Steps*

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Personal Coaching & Workshop Options

First Time Managers or Swinking Managers

- ◆ **Initial FOOW? assessment/session w/MBTI**
- ◆ **3 Situational Coaching Sessions**
- ◆ **Optional: 360° feedback process (anonymous)**

First Time or Swinking® Management Workshop

- ◆ **Tailored Session**
- ◆ **Optional: MBTI**

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